

THE

# 12 WEEK

Study Plan

ACADEMIC IELTS



An Example Study Timetable To Help You  
Achieve IELTS Success Within **12 Weeks**



IELTS Excellence

The following 3 pages  
contain an example  
**12-week** study timetable.

# 12 Weeks To IELTS Success

## Example Study Timetable



| WEEK | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY   | SUNDAY  |
|------|--|--|--|---|---|--|---|
| 1    | <p>Read about exam.</p> <p>Complete goal planner.</p> <p>Make study plan (You can use this as a template).</p> | <p>30 mins reading</p> <p><b>Task 1: Key Mindset Techniques (P108-112).</b></p>          | <p>Listen to an English podcast. Make notes.</p> <p>30 mins speaking</p> | <p><b>Task 1 - Background reading (P10-22).</b></p>                                 | <p>30 mins speaking</p> <p>30 mins listening.</p> | <p><b>Task 1: How to analyse any task 1 question (P23-27).</b></p> <p><b>Choosing the correct tense in Task 1 P28.</b></p> | <p>Recap learning from the week. Identify your weaknesses and revise them.</p>  |
| 2    | <p>RELAX :-)</p> <p>Read an English article. Learn the meaning of 3 new words.</p>                             | <p>30 mins reading</p> <p><b>Task 1: How to answer any Task 1 question (P29-52).</b></p> | <p>20mins listening</p> <p>20mins reading</p> <p>20mins speaking</p>     | <p>30 mins listening.</p> <p><b>Task 1 Planning Strategy (P53-63).</b></p>          | <p><b>DAY OFF - Relax</b></p>                     | <p><b>Task 1 Synonyms (P64-74).</b></p>  | <p>Recap learning from the week. Identify your weaknesses and revise them.</p>  |
| 3    | <p>20mins listening</p> <p>20mins reading</p> <p>20mins speaking</p>   | <p>30 mins reading</p> <p>RELAX :-)</p>  | <p>20mins listening</p> <p>20mins reading</p> <p>20mins speaking</p>     | <p>30 mins listening.</p> <p><b>Task 1 Damage limitation strategy (P75-82).</b></p> | <p>30 mins speaking</p> <p>RELAX :-)</p>          | <p><b>Noun-Verb Agreement Rules (P83-93).</b></p>  | <p><b>DAY OFF - Relax</b></p>   |
| 4    | <p>Read an English article. Learn the meaning of 3 new words.</p> <p>RELAX :-)</p>                             | <p>30 mins reading</p> <p>RELAX :-)</p>  | <p><b>DAY OFF - Relax</b></p>  | <p>30 mins listening.</p> <p>RELAX :-)</p>  | <p>30 mins speaking</p> <p>RELAX :-)</p>          | <p><b>Using Complex Structures (P94-98) &amp; Complex Structure Pitfall (P99).</b></p>                                     | <p>Recap learning from the week + adjust plan depending on current progress</p> |

|   |  |   |  |   |                               |   |   |
|---|--|---|--|---|-------------------------------|---|---|
| 5 | 20mins listening<br>20mins speaking  | Task 1 Band Score Booster (P100-102).                                   | 20mins listening<br>20mins reading   | 20mins speaking<br>Task 1 Practice Question & Model Answer (P103-105).        | 30 mins reading<br>RELAX :-)  | Practice Task 1 questions & analyse model answers   | DAY OFF - Relax   |
| 6 | Read an English article.<br>Learn the meaning of 3 new words.<br><br>RELAX :-) | Revise the areas which you need more practice at (Task 1).              | DAY OFF - Relax  | Revise the areas which you need more practice at (Task 1).                    | 30 mins speaking<br>RELAX :-) | Practice Task 1 questions & analyse model answers   | DAY OFF - Relax   |
| 7 | 20mins listening<br>20mins reading<br>20mins speaking                          | 30 mins reading<br>Task 2: Background Information (P11-24).             | Listen to an English podcast. Make notes<br><br>RELAX :-)                      | 30 mins listening.<br>Task 2: Common Topics & Further Reading Links (P25-40). | 30 mins speaking              | Task 2 Band 7+ Framework & Question Types (P41-49). | Recap learning from the week. Identify your weaknesses and revise them. |
| 8 | Read an English article.<br>Learn the meaning of 3 new words.<br><br>RELAX :-) | 30 mins reading<br>Task 2: How to Analyse Any Task 2 Question (P50-71). | Read an English article.<br>Learn the meaning of 3 new words.<br><br>RELAX :-) | 30 mins listening.<br>Task 2 Planning Strategy (P72-79).                      | DAY OFF - Relax               | Task 2: The 4 Principles of Paraphrasing (P80-86)   | Recap learning from the week. Identify your weaknesses and revise them. |

|    |  |  |   |  |   |   |  |
|----|--|--|---|--|---|---|--|
| 9  | Read an English article.<br>Learn the meaning of 3 new words.<br><br>RELAX :-) | <b>Task 2 Synonym Bank (P87-92).</b>   | 30 mins speaking<br><br>RELAX :-)                         | <b>Task 2 Four-Two-Fifty Word Count Technique (P93-107).</b>   | 20mins listening<br>20mins reading<br>20mins speaking | <b>Noun-Verb Agreement Rules Task 2 (P108-118).</b>                       | <b>DAY OFF - Relax</b>   |
| 10 | Read an English article.<br><br>RELAX :-)                                      | 30 mins reading<br><br><b>Task 2 Damage Limitation Strategy (P129-137).</b>              | Watch an English YouTube video & make notes.              | 30 mins listening.<br><br><b>Recap learning from the week. Identify your weaknesses and revise them.</b> | 30 mins speaking<br><br>RELAX :-)                     | <b>Practice Task 2 questions &amp; analyse model answers</b>              | <b>DAY OFF - Relax</b>   |
| 11 | Watch an English YouTube video & make notes.                                   | <b>Using Cohesive Devices in Task 2 (P119-121).</b><br><br>30 mins speaking              | <b>DAY OFF - Relax</b>                                    | <b>Using Complex Structures &amp; Complex Structure Pitfall (P122-128).</b>                              | 20mins listening<br>20mins reading<br>20mins speaking | <b>Practice Task 2 questions &amp; analyse model answers</b>              | Recap learning from the week. Identify your weaknesses and revise them.                |
| 12 | 20mins listening<br>20mins reading<br>20mins speaking                          | 30 mins reading<br><br><b>Revise the areas which you need more practice at (Task 2).</b> | Listen to an English podcast. Make notes<br><br>RELAX :-) | 30 mins listening.<br><br><b>Revise the areas which you need more practice at (Task 2).</b>              | 30 mins speaking<br><br>RELAX :-)                     | <b>Practice Task 1 &amp; Task 2 questions &amp; analyse model answers</b> | <b>Full Day. Review everything you have done one final time - Task 1 &amp; Task 2.</b> |

**Test Week** – Get good sleep, stay well hydrated, eat well and keep calm. Good luck from the IELTS Excellence team! :-)

TIP - For recap and consolidation, write down everything you have achieved from the week, and note the things you need more practice on, and use future study time to work on those areas.

TIP - Use some of your practice test time to work on your timings to ensure you do not run out of time as this can lose you crucial marks.

## Legend:

**The Academic Task 1 Study Guide**

**The Academic Task 2 Study Guide**

**The Ultimate Academic Practice Questions Workbook**

The following 3 pages  
give you the opportunity to  
make your own  
**12-week** study timetable,  
to fit in with your daily life.

(print this off)

# 12 Weeks To IELTS Success

Your Personal Study Timetable



| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------|--------|---------|-----------|----------|--------|----------|--------|
| 1    |        |         |           |          |        |          |        |
| 2    |        |         |           |          |        |          |        |
| 3    |        |         |           |          |        |          |        |
| 4    |        |         |           |          |        |          |        |

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| 5 |  |  |  |  |  |  |  |
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| 8 |  |  |  |  |  |  |  |

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|----|--|--|--|--|--|--|--|
| 9  |  |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |  |
| 11 |  |  |  |  |  |  |  |
| 12 |  |  |  |  |  |  |  |

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Legend:

The Academic Task 1 Study Guide

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# Study Notes

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